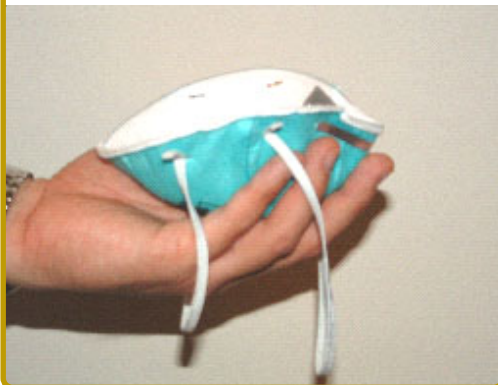


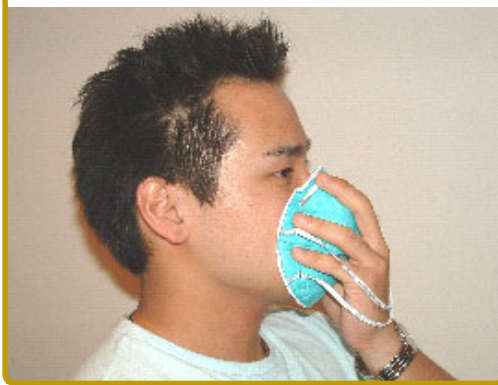
# General Donning Instructions for N95 Respirators

The following instructions must be followed **each time** the respirator is worn. Before donning, wash your hands and inspect the respirator to ensure the integrity of the components, including the shell, straps, and metal nose-clip.

- 1 Cup the nosepiece in your hand with the nosepiece at fingertips, allowing the headbands to hang freely below hands.



- 2 Position the respirator under your chin. The nosepiece should be over the bridge of your nose.



- 3 Pull the top strap over your head so it rests high on the back of head.



- 4 Pull the bottom strap over your head and position it around neck below ears.



- 5 Using **both** hands, mold the metal nosepiece (if present) to the shape of your nose by pushing inward while moving fingertips down both sides of the nosepiece.



- 6 **SEAL CHECK:** The respirator seal **MUST** be checked before each use. To check fit, place both hands over the respirator and exhale. If air leaks around your nose, adjust the nosepieces as described in step 5. If air leaks at respirator edges, adjust the straps back along the sides of your head. Check again.



If you cannot achieve proper fit, **DO NOT** enter the contaminated area. See your manager.

