

NEWSLETTER
SUMMER
2007

**People with disAbilities
Standing Committee:**

Vicki Poburn - Chair
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Ria Reuteman
Margaret Phinney
Gayle Wagner
Nancy Alcorn
Donna Kean
(1st Alternate)
Danielle Weightman
(2nd Alternate)
Carol Spicer
(3rd Alternate)



NEWSLETTER
SUMMER 2007

For support and/or general information or to receive
a copy of the Newsletter by mail, you can contact:

1 – 800 – 663 – 5813 ext. 7192
Or Lower Mainland 604-456-7192

Our mailing address is:

People with disAbilities Standing Committee
C/O HEU Provincial Office
5000 North Fraser Way
Burnaby, BC V5J 5M3

*KEEP IN TOUCH WITH YOUR SERVICING
REPRESENTATIVE AT YOUR REGIONAL OFFICE FOR
LTD CLAIMS/APPEALS AND/OR WCB CLAIMS/APPEALS*



TRANSPORTATION WITH BC FERRIES

If you have a permanent disability, discount fares are available for you and your escort.

To qualify for a discount fare you must be a **resident of British Columbia** with a permanent and severe disability (severe means the impairment impedes normal daily functioning).

The **Disabled Status Application** is available on the BC Ferries website at www.bcferrries.com. A section of the application must be completed by your doctor.

Mail the completed form to:

**BC Ferries Ticketing Department
1112 Fort Street,
Victoria, B.C.
V8V 4V2**

Phone: 250-381-1401 Fax: 250-381-5452

Travel Assistance Program (TAP)

The **Travel Assistance Program (TAP)** helps alleviate some of the transportation costs for eligible BC residents who must travel within the province for non emergency medical specialist services not available in their own communities. The program is coordinated by the **Ministry of Health Services** and the transportation partners agree to waive or discount their regular fees. TAP does not provide direct financial assistance to patients for travel costs.

To be eligible for TAP:

- You must be a resident of British Columbia.
- You must have a physician's referral for medical services which are not available locally.
- Your travel expenses must not be covered by third party insurance, such as an employer plan, extended medical plan, Insurance Corporation of BC, Workers Compensation, or a Federal government program.

The physician's referral must be to the closest location for non-emergency specialist medical services not available in your community. TAP forms are only available from your General Practitioner or Family Physician at the time the referral is made.

If you require an escort, your physician must indicate on the TAP form that an escort is required for one of the two following reasons:

1. 18 years of age and under; or
2. Incapable of travelling independently due to medical reasons.

Meals, accommodations, fuel and local transportation expenses are not included in TAP.

(Submitted by: Maggie Phinney)



NORTHERN HEALTH CONNECTIONS

(Submitted By Gail Wagner)

Northern Health Connections is a travel service program for patients needing to travel for out-of-town medical appointments in northern British Columbia. *Northern Health* will add new short-and-long distance routes as part of the Connections travel service program. *Northern Health Connections* will provide northern BC patients with low cost medical travel services to get to specialized health programs that are only available in larger centres.

Diversified Transportation Limited will operate the routes in partnership with *Northern Health*, using custom designed highway coaches and mini buses.

These new short and long distance routes will add to the *Northern Health Connections* options available to Northeast residents. These include a round trip service between Fort St. John and Prince George, as well as a connection service to Vancouver (through Prince George).

For the short distance routes, patients will be able to leave their home communities in the morning, travel to another community for specialist consultations or tests at the hospital during the day, and return in the late afternoon/early evening on the same day.

All travel will require an advance reservation. *Northern Health Connections* won't be able to accept walk-up passengers. After patients arrange their appointments, they can book their trip by calling 1-888-647-4997. More details are also available at www.northernhealth.ca/nhconnections.

Accommodation Options:

On many occasions when patients need to travel for health care services, they have to stay overnight. As part of the *Northern Health Connections* program, Northern Health has partnered with accommodation providers to offer low cost options for patients. You can go to the *Northern Health* web site for list of all accommodation providers.

Northern Health buses are not full, but passengers are happy. Out of 100 passengers surveyed, over 90 per cent of the responders said they're happy with everything from the reservation process to the rest stops.

In August 2006, 100 people used this mode of transportation, 150 in September, and close to 300 in October. Considering the mammoth 48 passenger coach buses make the long-distance runs multiple times a week, there are much more empty seats than full ones. As this information becomes more available to the public more people will use the services. According to the survey the people using the program indicated they will continue to use it, especially if they have ongoing health needs.



WHAT IS LIGHT THERAPY?

By Gail J. Hogarth

1. What is Light Therapy?

Light therapy involves daily, scheduled exposure to intense levels of artificial light in order to regulate seasonal mood swings, improve sleeping patterns, and produce a general sense of well being. According to medical researchers, the fluorescent light box is the preferred device for light therapy, with a recommended starting dose of 10,000 **LUX** for 30 minutes per day. (**LUX** is the unit of measuring the illumination intensity of light.) B.C.'s rainy winters really take a toll on many people.

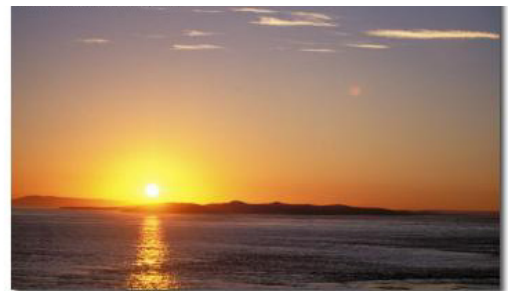
2. What is light therapy used for?

Light therapy was originally tested and developed by medical experts in the early 1980's for treating **Seasonal Affective Disorder (SAD)** a type of recurrent, major depression regularly experienced by depressive episodes and require medical treatment. During spring and summer, however, their symptoms usually disappear. Many people call it the "winter blues". Many people, especially in northern latitudes where winter hours

of daylight are fewer, dark, dreary and rainy, people complain of feeling down, having less energy, putting on weight and have a hard time getting up in the morning. This is winter blues. People with **SAD** experience all of these symptoms, but to a much greater degree. They feel chronically depressed and fatigued, and want to withdraw from the world. The most pleasant things in their day to day life become a heavy, unexplained burden; and to participate in them is an extreme affront. They may increase their hours of sleep if they can get out of bed at all, and have an extreme craving of sweet and starchy foods. In short, people with **SAD** suffer in the extreme and require medical treatment; light treatment and/or antidepressants.

Your doctor is your first stop! Tell him or her how you are **REALLY FEELING!** Being honest with them and yourself is not easy. It may be one of the hardest struggles you'll face. But light therapy and the medications really helped me. I found this an impossible fight on my own. Now, I know we do not have to be alone in this battle.

I have seen the light!





INTERNATIONAL DAY OF DISABLED PERSONS DECEMBER 3, 2007

2007 THEME: "DECENT WORK FOR PERSONS WITH DISABILITIES"

The annual observance of the International Day of Disabled Persons, December 3rd, aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. It also seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life. The theme of the Day is based on the goal of full and equal enjoyment of human rights and participation in society by persons with disabilities, established by the United Nations World Programme of Action concerning Disabled Persons, adopted by the General Assembly in 1982.

HOW THE DAY MAY BE OBSERVED:

- **Involve:** Observance of the Day provides opportunities for participation by all interested communities – governmental, non-governmental and the private sector – to focus upon catalytic and innovative measures to further implement international norms and standards related to persons with disabilities. Schools, universities and similar institutions can make particular contributions with regard to promoting greater interest and awareness among interested parties of the social, cultural, economic, civil and political rights of persons with disabilities.
- **Organize:** Hold forums, public discussions and information campaigns in support of the Day focusing on disability issues and trends and ways and means by which persons with disabilities and their families are pursuing independent life styles, sustainable livelihoods and financial security.
- **Celebrate:** Plan and organize performances everywhere to showcase, and celebrate, the contributions by persons with disabilities to the societies in which they live and convene exchanges and dialogues focusing on the rich and varied skills, interests and aspirations of persons with disabilities.
- **Take Action:** A major focus of the Day is practical action to further implement international norms and standards concerning persons with disabilities and to further their participation in social life and development on the basis of equality. The media have especially important contributions to make in support of the observance of the Day – and throughout the year – regarding appropriate presentation of progress and obstacles implementing disability-sensitive policies, programs and projects and to promote public awareness of the contributions by persons with disabilities.

** (By Leslie Brown) **

When I agreed to write an article titled "Feelings" for our People with disabilities (PWD) Working Group Newsletter, I did not know how difficult it would be.

I had to begin by going back to our, summer 2006 Newsletter and quoting sister Cathy Peters' article.

"A disability is a functional limitation or restriction of an individual's ability to perform an activity."

I was shocked at the statistics from the *World Health Organization* that approximately 10% of the world's population (or 650 million people) live with a disability - the world's largest minority, dealing with day-to-day challenges. *The World Health Organization* suggests this figure is increasing through population growth, medical advances and the aging process.

The adjustments required in everyday life are rapidly becoming more and more complex. Change always brings the emotional markers. When change excites us, we call it a "challenge", when it causes us to be anxious we call it "crisis". What impact will this have on me personally?

We are extremely resilient and can cope or learn to cope with almost any situation or human drama but the most difficult stressors to manage are the uncertainty and the anxiety of "not knowing". It is helpful to put energy into controlling and

directing our emotional responses to the stress of not knowing. Depression has been called the common cold of the emotional disorders while this underscores its prevalence, it trivializes its impact. Serious clinical depression affects some 7% of Canadians at any one time, bringing untold suffering. Living in our current society it is normal to feel depressed, at least sometimes. Most of us deny or disguise our pain because it is "the smart thing to do".

We must understand that when depression becomes "unhealthy", we need to seek outside help.

While I was doing my research for this article, I came across the term: Trauma. Trauma is a fundamental fracture. It is about the loss of connection. The vast disparity in individual perceptions and reactions makes it difficult to establish a working definition of what is traumatic. Trauma is perhaps the most avoided, ignored, belittled, denied, misunderstood and untreated cause of human suffering.

A series of so-called minor mishaps can have the same damaging effect on a person. When we are traumatized, we need support, not judgment.

An injury or illness can have a traumatic affect on ones mental health. Experiencing emotional and physical stress is not a sign of weakness, nor does it indicate you are unable to cope; it is the way your mind and body process an unfamiliar and stressful experience. ◆

HandyDART

Providing Door-to-Door Custom Transit Service

- **HandyDART** is a shared-ride public transit service. It uses specially equipped vehicles designed to carry passengers with physical or cognitive disabilities who are unable to use public transit without assistance.
- Passengers may telephone their local **HandyDART** operator to request a trip. **HandyDART** passengers are picked up at the outside door of their residence and dropped off at the outside door of their destination.
- **HandyDART** service in the transportation service region is delivered by local contractors through individual operating contracts with *TransLink*.

Who is Eligible and How to Register

- Persons with physical or cognitive disabilities who are unable to use public transit without assistance are eligible to use **HandyDART**.
- Persons who wish to use **HandyDART** can call their local **HandyDART** office to request an application or to print an application online go to:
www.translink.bc.ca/transportation_services/Accessibility/handydart.asp
- Information required on the form includes date of birth, home address, doctor's name and phone number, and any special medical facts affecting their use of **HandyDART**.
- All this information is necessary to match the passenger's travel needs to the service and remains confidential.

Types of Mobility Devices

- The wheelchair lifts on **HandyDART** vehicles can accommodate devices that fit within the following measurements:

Width: 94 cm (37 in.)

Length: 122 cm (48 in.)

Weight: 364 kg (800 lbs) when the device is occupied and includes the **HandyDART** driver

Types of Trips

- **HandyDart** offers two types of service:
 1. **Subscription trips** – Trips that are regularly taken daily or weekly
 2. **Casual trips** – Trips taken on a one-time basis

HandyDART Booking Procedures

- Due to the limited number of rides available, trips for work, medical services and post-secondary education are given priority.
- All regular bookings are cancelled on statutory holidays unless you arrange in advance to maintain your regular ride.
- Booking procedures vary with each **HandyDART** contractor:
 - Regular service hours are generally weekdays 6:30 am – 7:00 pm
 - Some evening and weekend service is available.
- For information on registration, booking procedures and hours of service, phone your local **HandyDART** office.

Area	Address	Telephone/Fax
Vancouver Pacific Transit Cooperative	300-3150 East 54 th Avenue Vancouver, BC V5S 1Z1	T: 604-430-2692 F: 604-432-1683
North & West Vancouver 3120 Ventures Ltd	213-145 West 15 th Street North Vancouver, BC V7M 1R9	T: 604-980-3691 F: 604-980-1889
Richmond Greater Vancouver Community Services Society	325-7000 Minoru Blvd Richmond, BC V6Y 3Z5	T: 604-279-7090 F: 604-279-7098
Delta, Ladner & Tsawwassen Deltassist Family & Community Services	9097 120 th Street Delta, BC V4C 6R7	T: 604-596-1777 F: 604-594-3496
Surrey OPTIONS: Services to Communities Society	16211 84 th Avenue Surrey, BC V4N 1B3	T: 604-629-5568 F: 1-866-301-4769
Burnaby/New West/Tri-Cities Greater Vancouver Community Services Society	200-555 6 th Street New Westminster, BC V3L 5H1	T: 604-524-3655 F: 604-524-3651
White Rock/S Surrey/Langley Semiahmoo House Society	103-17780 No. 10 Highway Surrey, BC V3S 5H1	T: 604-576-1167 F: 604-574-8833
Maple Ridge / Pitt Meadows D-W Services Ltd	9450 B 287 th Street Maple Ridge, BC V2W 1L1	T: 604-462-8522 F: 604-462-8508

HandyDART is also available in the Greater Victoria area through BC Transit.
Go to www.bctransit.com/regions/vic/accessible/handydart.cfm or call **(250) 727-9607**.

HandyDART / HandyCard programs

Applicant to complete section 1 only

Official to complete section 2

Important: Please check (✓) what program(s) you are requesting. If unsure, check both the boxes.

HandyDART (*photos are not required*).

HandyCard (PHOTO ID) & Taxi Saver program
(must enclose 2 current photos, photo-booth size or passport type, head-shot fits in 1¼" x 1¼" square)

Are you already registered? _____

1

Applicant Information (Please print clearly)

Last Name: _____ First: _____ Init: _____

Apt./Unit #: _____ Address: _____ Intercom #: _____

City: _____ Prov: _____ Postal Code: _____

Phone: _____ (emergency): _____ (alt/cell): _____ Birth: _____
(mm / dd / yyyy)

Are you a permanent resident in the Greater Vancouver area? **YES** **NO**

If the HandyCard needs to be sent to a caregiver, please provide caregiver's address on a separate sheet of paper.

Please check (✓) if you use:

- An attendant
- Crutches
- Cane
- Walker
- Wheeled scooter
- Wheelchair
- Other (*specify*) _____

Mobility device dimensions: Length: _____ Width: _____

I authorize TransLink and the HandyDART operating company to determine my eligibility for HandyDART and/or HandyCard and, if needed, to consult the agency representative, medical specialist, or family doctor named below. I understand and agree that the decision of TransLink and HandyDART operating company shall be final.

Signature of applicant: _____

2

Verification of eligibility for HandyDART and/ or HandyCard

This section to be completed by an official (Please *print clearly*, see reverse for who can complete)

Please Note: Before completing this verification, refer to the **eligibility guidelines** on the reverse.

A) Nature of Disability: _____

B) Can the applicant use the conventional transit system **unassisted** (*i.e. the bus, etc.*)?

YES: explain _____

NO: explain **how** the disability prevents the applicant from using the conventional transit system?
 (please provide as much detail as possible - see the reverse side of this form).

C) Is this disability (please check ✓):

permanent

temporary: how long do you estimate it will last? _____

uncertain: how long do you estimate it will last? _____

Official's Name: _____

Position: _____ Organization: _____

Address: _____ City: _____

Postal Code: _____ Telephone: _____ Fax: _____

I hereby verify that _____ is disabled, cannot use conventional public transit without assistance, and meets the special needs eligibility criteria.

Signature of Official: _____ **Date:** _____

Mailing Instructions:

<p>If applying for HandyDART <i>only</i>; fax or mail the application form to the HandyDART service provider in the area where you reside. This information is in the HandyDART brochure. If approved, the HandyDART office will contact you to let you know that you are registered (usually within 1- 2 business days).</p>	<p>For HandyDART <i>and/or</i> HandyCard; mail application and 2 current photographs to: <i>(do not send cheques)</i> TransLink, Service Contracts Dept. Metrotower II 1600 - 4720 Kingsway Burnaby, BC, V5H 4N2 Tel: 604-453-4634 <i>(allow 4 - 6 weeks processing time)</i></p>
<p style="text-align: center;">HandyDART eligibility</p> <p>Eligible Users are defined as persons who have either a temporary or permanent, physical or cognitive disability that is sufficiently severe that they are unable, without assistance, to use conventional transit service.</p> <p>HandyDART is door-to-door, public transit service, which uses specially equipped vehicles designed to carry passengers.</p>	<p style="text-align: center;">HandyCard eligibility</p> <p>Eligible Users are defined as persons who have a permanent physical or cognitive disability that is sufficiently severe that they are unable, without assistance, to use conventional transit. Applicants must be residents within the GVTA Transportation Service Region who are at least 12 years of age.</p> <p>HandyCard is a photo-identity card for the Taxi Saver program; the holder is also entitled to concession fares on GVTA buses, SkyTrain, SeaBus and West Coast Express. An attendant with a HandyCard holder may travel free.</p>

Please Note: Before completing section 2, Verification, **refer to these eligibility guidelines.**

The following guidelines will assist in determining if a person is eligible for HandyDART and / or HandyCard service. Resources are limited, it is important that the service be directed only to those who must depend on it for transportation. Your cooperation is appreciated.

Loco-motor Related Disabilities

Examples: Arthritis, limb loss, multiple sclerosis or conditions of a similar nature.

- Unable to walk from home to the nearest bus stop.
- Unable to negotiate stairs or ramps.
- Unable to board or alight from a bus

Neurological Related Disabilities

Examples: Cerebral palsy, mental disability, dementia or conditions of a similar nature.

- Unable to understand and follow transit directions (does not include foreign language difficulties).
- Easily confused or disoriented so that the person is unlikely to travel to intended destination on public transit.

Sensory Related Disability

Example: Vision impairment

- Unable to use public transit because of vision impairment.

Medical Condition

Examples: Heart conditions, respiratory problems, epilepsy of a nature not easily controlled by drugs, or conditions of a similar nature.

- A diagnosed medical condition that does not allow travel on a conventional bus.
- A diagnosed medical condition that does not allow movement from a residence to the nearest bus stop.

Section 2 - must be completed by a senior official of a recognized social service or health agency (family doctor, medical specialist, public health nurse or long-term care administrator). This section is on the other side of this form. Incomplete forms will cause delays in processing the application.

ACCESS 2 ENTERTAINMENT™ CARD APPLICATION FORM

As at: June 2007



SECTION A

The **Access 2 Entertainment™** card provides free admission (or a significant discount) for support persons accompanying a person with a disability at member movie theatres across Canada. The person with the disability pays regular admission. This program was developed by an advisory group of nine national disability organizations, in conjunction with Cineplex Entertainment.

Persons with a permanent disability who require a support person when attending a movie theatre are eligible for the card. The applicant must agree to follow the terms and conditions for use of the card (see below).

A support person is an individual who accompanies a person with a disability to provide those services that are not provided by theatre employees, such as assisting the person with eating, administering medication, communication and use of the facilities.

We are pleased to have been able to offer the first 20,000 cards free in the first year. From September 1, 2006 onwards there will be a \$20 fee to acquire the Access 2 Entertainment Card. The card will be valid for 5 years and will include 2 free movie passes valued at approximately \$20.00.

There are two steps to apply for the card.

1. The applicant must pay a \$20 administrative fee to receive
 - an Access 2 Entertainment card (valid for 5 years), and
 - 2 free movie passes valued at approximately \$20

Note: A cheque or money order for \$20 can be made payable to Easter Seals Canada. We are unable to accept credit cards or cash.

2. If the applicant has a CNIB client ID card, **or** the Disability Travel Card™ (issued by Easter Seals Canada),
 - Complete Section B.
 - Attach a photocopy of either the CNIB client ID card, **or** the Disability Travel Card. Do not send originals.

Note: With either of these cards, Section C is not required.

OR

- If the applicant does not have a CNIB client ID card, **or** the Disability Travel Card,
- Complete Section B.
 - Have your health care provider complete Section C, and attach to Section B.
 - The application for the **Access 2 Entertainment** card must be verified by a Registered Health Care Provider as defined in this application form.

Note: The applicant must be a client/patient of the authorizing health care provider.

TERMS AND CONDITIONS:

1. The applicant must pay a \$20 administrative fee to acquire the **Access 2 Entertainment card**.
2. The application form must be submitted by a person with a disability or a legal guardian on his or her behalf.
3. The applicant must be identified as having a disability by a registered health care provider or a recognized service provider and he/she must be a client/patient of the authorizing health care professional/service provider.
4. The applicant must present the **Access 2 Entertainment** card along with personal identification at the movie theatre Box Office when purchasing his or her own movie ticket.
5. The person with a disability and support person must attend the movie together.
6. The discounted admission fee for the support person will be free or no more than \$3.00. Prices may vary from theatre chain to chain.
7. This program is administrated by Easter Seals Canada on behalf of the **Access 2 Entertainment Partners**. **Please allow 4 to 6 weeks for processing of your application and delivery of your Access 2 Entertainment card. (Note: If your \$20 fee is not included in your application. Your application will be held until the fee is received. This will increase the amount of time it takes to process your application).**
8. This card shall be valid for a period of 5 years from date of issue after which a renewal application form must be filed with Easter Seals Canada with a renewal fee TBA.
9. There is a \$20 replacement fee for a lost or stolen card.
10. Misuse or abuse of this card shall result in the immediate termination and confiscation of the card and its privileges.
11. These terms and conditions are subject to change without notice under the authority of the Access 2 Entertainment Partners.

SECTION B: PERSONAL INFORMATION

PLEASE PRINT CLEARLY

Applicant's Name: _____

Address: _____ Apt. #: _____

City: _____ Province: _____ Postal Code: _____

Telephone: () _____ Email: _____

Do you have a:

CNIB client ID card **or**

Disability Travel Card (issued by Easter Seals)

If yes, tick (✓) the appropriate box and attach a copy of the card. Do not send originals.

If no, complete Section B and have your health care provider fill out Section C.

PLEASE NOTE:

We are unable to process your application without the \$20 administration fee.

PRIVACY:

Easter Seals Canada is committed to protecting the privacy, confidentiality, accuracy, and security of any personal information that we collect, use, retain, and disclose in the course of the services we offer.

I hereby certify that I have read and understood all the terms and conditions as set forth in the application for the **Access 2 Entertainment** card.

Applicant's signature: _____ Date: _____

SECTION C: HEALTH CARE PROVIDER INFORMATION

PLEASE PRINT CLEARLY

Name of Applicant: _____

Name of Authorized Health Care Provider:

Registration Number (if applicable): _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Telephone: () _____ Email: _____

Please indicate (✓) the category of Authorized Health Care Provider:

- Physician
- Nurse (RN or RNA)
- Social Worker
- Occupational Therapist
- Physiotherapist
- Pharmacist
- Rehabilitation Counsellor
- Audiologist
- Recreational Therapist
- Kinesiologist
- Psychologist

Other (explain): _____

PRIVACY:

Easter Seals Canada is committed to protecting the privacy, confidentiality, accuracy, and security of any personal information that we collect, use, retain, and disclose in the course of the services we offer.

I hereby certify that the applicant is a person with a disability in accordance with the provisions of the **Access 2 Entertainment** card application and this applicant is a client/patient of mine.

Health Care Provider's
Signature: _____ Date: _____

SECTION D: ACCESS 2 ENTERTAINMENT™ CARD PARTNERS

Participating Theatre Chains Include:

Cineplex Odeon Cinemas

www.cineplex.com

Galaxy Cinemas

www.cineplex.com

Famous Players Cinemas

www.cineplex.com

SilverCity Cinemas

www.cineplex.com

Colossus Cinemas

www.cineplex.com

Coliseum Cinemas

www.cineplex.com

Empire Theatres

www.empiretheatres.com

Landmark Cinemas

www.landmarkcinemas.com

Rainbow Cinemas

www.rainbowcinemas.ca

Magic Lantern Cinemas

www.rainbowcinemas.ca

AMC Theatres

www.amctheatres.com

Capital Theatres (Yellowknife)

Theatre Near You (Burnaby, Surrey, New Westminster BC)

... and other Members of the Motion Picture Theatres Associations of Canada. Check with your local theatre to confirm participation in this program.

National Advisory Group of Disability Organizations

Canadian Abilities Foundation
Tel: (416) 923-1885
Web: www.abilities.ca

Canadian Association of the Deaf
Tel: (613) 565-2882
TTY: (613) 565-8882
Web: www.cad.ca

Canadian Association of Independent Living
Tel: (613) 563-2581
TTY: (613) 563-4215
Web: www.cailc.ca

Canadian Hard of Hearing Association
Tel: (613) 526-1584
Toll Free: (800) 263-8068
Web: www.chha.ca

Canadian Paraplegic Association
Tel: (613) 723-1033
Web: www.canparaplegic.org

Easter Seals Canada
Tel: (416) 932-8382
Web: www.easterseals.ca

Multiple Sclerosis Society of Canada
Tel: (416) 922-6065
Toll Free: (800) 268-7582
Web: www.mssociety.ca

Alliance for Equality of Blind Canadians
Tel: (800) 561-4774
Web: <http://www.blindcanadians.ca>

People First Of Canada
Tel: (204) 784-7362
Toll free: (866) 854-8915
Web: www.peoplefirstofcanada.ca

This program is administrated by Easter Seals Canada.

**Before submitting your application, see Application Form Checklist.
Please mail your application form, a cheque or money order to Easter Seals Canada for \$20 and a self-addressed, stamped, business-sized envelope to:**

**Access 2 Entertainment
C/O Easter Seals Canada
90 Eglinton Avenue East, Suite 208
Toronto, Ontario
M4P 2Y3**

Please allow 4 to 6 weeks for processing of your application and delivery of your Access 2 Entertainment card.

For more information and regular updates, please visit our website at www.access2.ca

Additional application forms are available from all members of the Access 2 Entertainment Card Partnership.

To locate accessible resources and access to entertainment partners in your community, please visit Access Guide Canada at www.abilities.ca/agc.



Access 2 Entertainment™ is a trademark of Easter Seals™ Canada.

**ACCESS 2 ENTERTAINMENT CARD
APPLICATION FORM CHECKLIST**

- Has Section B been completed by, or on behalf of, a person with a disability?
- If the applicant has a CNIB client ID card, **or** the Disability Travel Card (issued by Easter Seals), did you include a PHOTOCOPY of the client ID card? (Do not send original cards.), **OR**
- If the applicant does **not** have a CNIB ID card or the Disability Travel Card, is Section C signed and dated by a health or service provider (NOT a family member)?
- Are you sending Section B and Section C of the application form only? (It is not necessary to return the entire application form).
- Have you enclosed a cheque or money order for \$20 made payable to Easter Seals Canada?
- Have you enclosed a self-addressed, stamped, business-size envelope?