



HOSPITAL EMPLOYEES' UNION

PROVINCIAL OFFICE:

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December 10, 2015

Secretary-Treasurers

Dear Sisters and Brothers:

Re: Workload Workshop

The Hospital Employees' Union will be holding a one-day workshop throughout the Province in 2016 starting in February and March.

This one-day workshop is designed to provide locals/sites with the tools necessary to create a strategy to address workload issues at their local/site.

In this workshop members will learn:

- The connection between workload and stress
- The connection between workload, bullying/harassment, and violence
- The importance of documentation
- Different tools that can be used to make workload the employer's problem
- How to tie workload to worker safety

Workers will leave the workshop with a concrete plan designed specifically for their worksite.

To be successful, a strategy to address workload requires time and commitment on behalf of the organizers; therefore we suggest that if your local/site is interested in developing a workload campaign that you send two (2) – four (4) members to attend the workshop.

We will be starting to offer these workshops in February and March 2016 in the following locations:

<u>Location</u>	<u>Date</u>
Victoria	February 23, 2016
Lower Mainland	February 24, 2016
Nanaimo	February 25, 2016
Lower Mainland	March 1, 2016

In keeping with HEU's desire to bring educational opportunities to members "closer to home", we are holding the workshops in many smaller communities in different regions. While all members are welcome to attend we will not be providing accommodation. Members will be

reimbursed for mileage, receive the in-town per diem of \$ 30.00, wages paid, and approved childcare expenses covered.

If you have members in these communities please encourage them to fill out the attached application form and return by **January 15, 2016**.

If you don't see your region/community please watch for information in the New Year regarding workshops being held from April – November in other regions/communities.

In solidarity,

A handwritten signature in black ink, appearing to read "Jennifer Whiteside". The signature is fluid and cursive, with a long horizontal stroke at the end.

Jennifer Whiteside
Secretary-Business Manager

cc: Chairpersons
Reps & Directors
Site Representatives

Attachments