



YOUR HEALTH AND SAFETY RIGHTS

Right to know

- You have a right to know the hazards that are present in the workplace.
 - The employer must give you the health and safety information, procedures, equipment, training, and supervision that's in place to keep you safe.

Right to participate

- You have a right to participate in keeping your workplace healthy and safe, which may include being a health and safety representative or committee member.
- You have the right to report unsafe conditions and practices.
- You have a right to participate in follow-up workplace inspections and incident investigations that arise from your report.

Right to refuse

- You have a right to refuse work that you believe to be unsafe to yourself or your co-workers. You must follow the proper procedure when you exercise your right to refuse unsafe work.

Right to no discipline or discrimination

- You have a right to no retaliation – a worker cannot be fired or disciplined for raising safety concerns, or for exercising their health and safety rights.
 - You may not be punished by, or receive discipline from your employer because you have reported an occupational health or safety concern in the workplace.
 - Discipline by an employer may take the form of coercion or intimidation, loss of opportunity for promotion, suspension, firing, or reduction of wages or changes in working hours or duties.