YOUR HEALTH AND SAFETY RIGHTS

Right to know

- You have a right to know the hazards that are present in the workplace.
  
  The employer must give you the health and safety information, procedures, equipment, training, and supervision that’s in place to keep you safe.

Right to participate

- You have a right to participate in keeping your workplace healthy and safe, which may include being a health and safety representative or committee member.
- You have the right to report unsafe conditions and practices.
- You have a right to participate in follow-up workplace inspections and incident investigations that arise from your report.

Right to refuse

- You have a right to refuse work that you believe to be unsafe to yourself or your co-workers. You must follow the proper procedure when you exercise your right to refuse unsafe work.

Right to no discipline or discrimination

- You have a right to no retaliation – a worker cannot be fired or disciplined for raising safety concerns, or for exercising their health and safety rights.
  
  You may not be punished by, or receive discipline from your employer because you have reported an occupational health or safety concern in the workplace.
  
  Discipline by an employer may take the form of coercion or intimidation, loss of opportunity for promotion, suspension, firing, or reduction of wages or changes in working hours or duties.