



January 23, 2024

Secretary-Treasurers

Dear Sisters, Brothers, and Friends:

Re: Transforming Workplace Conflict Workshop Series 2024 (Multi-day, online)

HEU is inviting you to apply to a five-day online workshop **Transforming Workplace Conflict**.

Dealing with conflict at your workplace or within your local union can be challenging, but if addressed effectively, it can lead to greater solidarity. This workshop is for local leaders who want to gain skills and practice techniques to be more effective at transforming conflict.

This online workshop is a combination of HEU's "*Transforming Workplace Conflict into Union Activism*", paired with *Anima Leadership's "Brave Conversations- Transforming Workplace Conflict"*.

During five days of online sessions, through a variety of interactive activities and information sharing, participants will:

- Reflect on ideas and feelings around conflict and how they respond
- Gain a better understanding of different styles for dealing with conflict and identify their go-to style
- Practice skills for deep listening and communicating during conflict
- Explore techniques to respond more effectively during conflict
- Consider the nature and cultural dynamics of conflict
- Explore the role that power, and our social identity plays in conflict situations
- Learn about conflict models and use these models to practice moving from positions of interests to generating options for solutions.
- Explore ways of transforming conflicts into union activism
- Play with images, stories, and metaphors to navigate conflict
- Have time to rejuvenate and re-energize

This workshop is made up of five full-day sessions spread out over a four-week period.

Participants must be available to attend all five days from 9:00 a.m. – 4:00 p.m.

Registration deadline: March 8, 2024

WORKSHOP SCHEDULE
Monday, May 6, 2024
Tuesday, May 7, 2024
Tuesday, May 14, 2024
Tuesday, May 21, 2024
Tuesday, May 28, 2024

Please fill out the attached application form by the indicated deadline for your location and return it to the Provincial Office Attention: Shemaine Chan, Education and Human Rights Department. Please return only one copy of the application – either by mail, email to education@heu.org or fax at 604-739-1510. Alternatively, an online form is available on our website at www.heu.org.

We will contact successful applicants by email to confirm further details. Please ensure the email address on your application is current and is your primary email contact to where we will send information regarding the workshop. Please do not use your employer's email address. Once applicants have been notified, they will be required to apply for a leave of absence for union business, where applicable.

If you should have any questions regarding this workshop, please contact Shemaine Chan at 604-456-7063 or education@heu.org.

In solidarity,



Meena Brisard
Secretary-Business Manager

Attachment

cc: Chairpersons
Reps and Directors
Provincial Executive