



# Health & Safety Centre

COURSE GUIDE AND SCHEDULE

# 2019



## Prevention Through Education

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[www.healthandsafetybc.ca](http://www.healthandsafetybc.ca)



BC Federation  
of Labour (CLC)

# BCFED Health and Safety Centre Programming

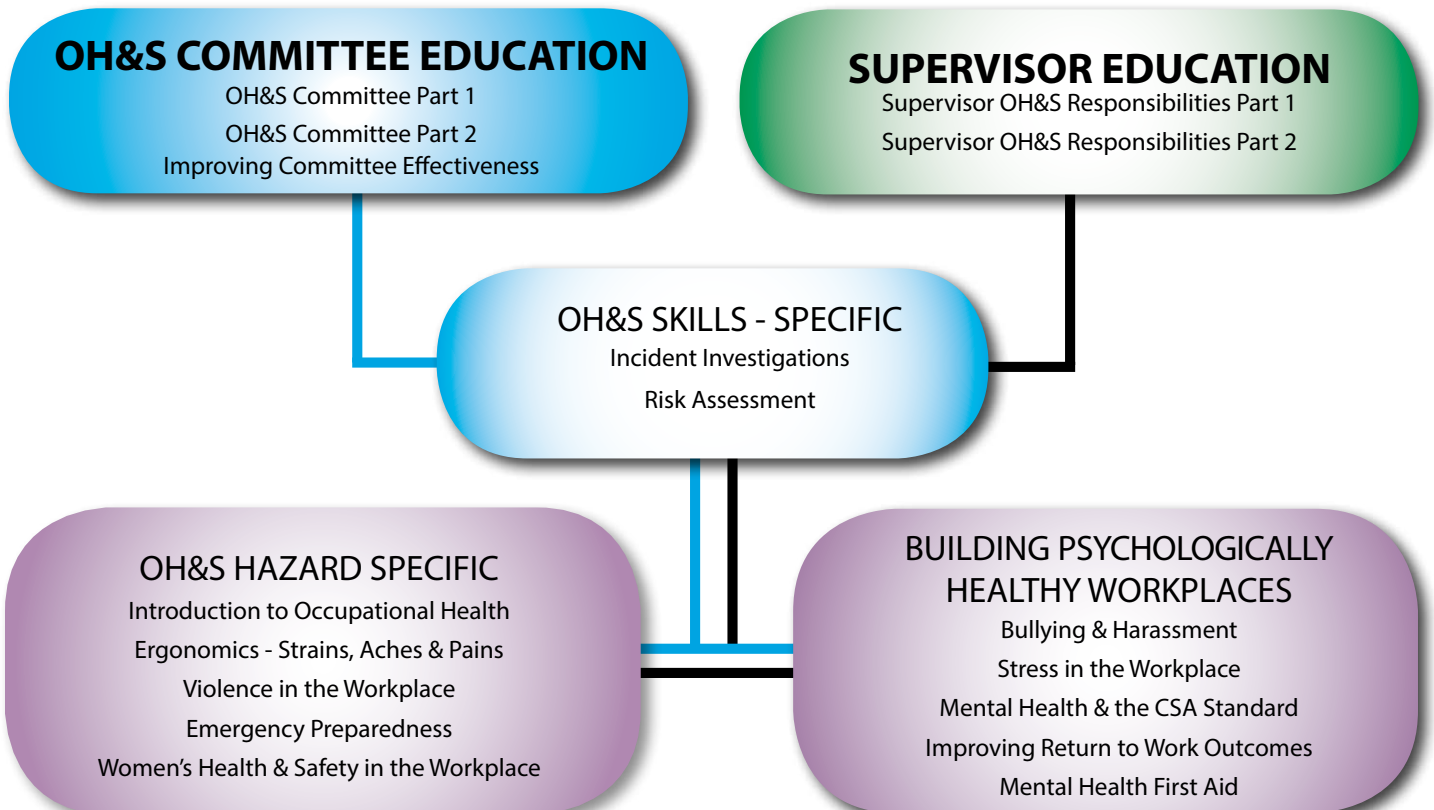
- We have become **the largest** provider of health and safety education for **OH&S Committees** in the province of BC.
- Our new **Supervisor OH&S Responsibilities** program stream has had unprecedented uptake.
- Our **Return to Work** Program has been influencing change in workplace practices.
- Our **Building Psychologically Healthy Workplaces** Program is responding to evolving workplace needs.
- We are the largest provider of peer-to-peer **Young and New Worker** OH&S Rights Education in the province.
- Our **Employment Program OH & S** reaches at-risk and marginalized youth.
- The Centre is a primary provider of targeted OH&S education for **Migrant Workers**.
- We provide one-of-a-kind OH&S education through our **English as an Additional Language (EAL)** program for new Canadians.



For more information on our Young & New Worker, Migrant Worker, and EAL programs, please go to [www.healthandsafetybc.ca](http://www.healthandsafetybc.ca)

## OH&S Learning Streams

We have designed our course offerings to provide participants with a sequential learning progression, followed by content that can meet the needs of participant OH&S responsibilities or specific workplace hazards.



# OCCUPATIONAL HEALTH & SAFETY COMMITTEE PART 1

This introductory or “fundamentals” occupational health and safety course will introduce new committee members to the basic principles of workplace health and safety. This course also serves as a great “back to basics” course for those OH&S Committee members who desire refresher training.

## In this course participants will:

- Learn the legal responsibilities, duties and functions of the Joint OH&S Committee and Worker Representatives
- Learn about health and safety legislation (provincial and federal), workplace parties’ rights and responsibilities including the Right to Refuse unsafe work.
- Indicate key elements of having an effective committee and the process of evaluation.
- Identify the legal requirements of workplace inspections and investigations.
- Understand how to conduct effective workplace inspections.
- Learn about principles of workplace assessment and control strategies.

Note: This course meets the (provincial) mandatory minimum training requirements effective April 2017 for new joint committee members.

**Audience:** OH&S Committee Members, Managers and Worker Representatives.

\*Courses specific to federal OH&S legislation and healthcare are available on request.

# OCCUPATIONAL HEALTH & SAFETY COMMITTEE PART 2

The OH&S Part 2 course has been designed to allow participants to pick up where our OH&S Part 1 leaves off and further develops the concepts, tools and resources needed to tackle advanced OH&S issues.

## In this course participants will:

- Understand hazard identification and assessment & control principles. (inspections, job safety analysis, work procedures and hazard reporting methods).
- Discuss legal requirements (provincial & federal) and the elements of an effective health & safety program.
- Learn how to research and utilize OH&S legislation.
- Learn hazard control principles, setting priorities, hierarchy of controls & developing effective recommendations.
- Introduction to the importance of understanding health hazards as part of hazard identification.

**Audience:** OH&S Committee Members, Managers and Worker Representatives.

**Prerequisite:** Completion of the OH&S Committee Part 1 course is required before taking this course.

\*Courses specific to federal OH&S legislation and healthcare are available on request.



## SECTION 135

### Workers Compensation Act

- 135 (1) Each member of a joint committee is entitled to annual education leave totaling eight (8) hours, or a longer period if prescribed by regulation, for the purposes of attending occupational health and safety training courses conducted by or with the approval of the Board.
- (2) A member of the joint committee may designate another member as being entitled to take all or part of the member’s educational leave.
- (3) The employer must provide the educational leave under this section without loss of pay or other benefits and must pay for, or reimburse the worker for, the costs of the training course and the reasonable costs of attending the course.

### OHSR 3.27 Minimum Training Requirements For New Joint Committee Members Or Worker Health And Safety Representatives

- (2) The employer must ensure that each member of the employer’s joint committees who was selected on or after April 3, 2017 to be a member receives, as soon as practicable but no more than 6 months after becoming a member, a total of at least 8 hours of instruction and training, as set out in subsection (4).
- (10) For greater certainty, the instruction and training required under subsection (2) or ) of this regulation is not educational leave as set out in section 135 of the Workers’ Compensation Act.

## INCIDENT INVESTIGATIONS

When an incident or “near hit” happens at the workplace, an investigation by the employer and the OH&S Committee must take place. In provincially-regulated workplaces, parties are required to perform a preliminary investigation within 48 hours of an incident occurring and then a comprehensive investigation within 30 days. Incident investigation is a serious matter. It is the investigators responsibility to gather the facts, objectively assess those facts, and arrive at corrective recommendations to prevent future incidents.

Incident investigations are a fundamental function and responsibility of supervisors and Joint Health and Safety Committees but they often don't have the proper insight on how to conduct an effective investigation. This course will provide participants with the opportunity to improve their investigative skills, determine “root causes” and develop effective recommendations.

### In this course participants will:

- Learn the new legal requirements for incident investigations.
- Examine the principles of incident causation.
- Learn how to conduct a proper investigation by gathering the facts.
- Learn how to analyze the results of your investigation and determine contributing factors and root causes.
- Learn how to prepare reports and develop effective corrective actions.
- Conduct an incident investigation in class and put theory into practice.

**Audience:** OH&S Committee Members, Managers, Worker Representatives, and Supervisors.

\*Courses specific to federal OH&S legislation (Hazardous Occurrence Investigations) are available on request.

### Participation in Incident Investigations

Section 173 of the Act requires that both a preliminary investigation (section 175) and a full investigation (section 176) be conducted. Section 174 of the Act specifies that these investigations must be carried out by persons knowledgeable about the type of work involved. It also requires the participation of the employer representative, and a worker representative. Pursuant to section 174 (1.1) of the Act and section 3.28 of the regulation, the participation of a worker representative includes, but is not limited to, the following:

- Viewing the scene of the incident with the persons carrying out the investigation
- Providing advice respecting the methods used to carry out the investigation, the scope of the investigation, or any other aspect of the investigation
- Assisting the persons carrying out the investigation with:
  - Gathering information relating to the investigation
  - Analyzing the information gathered during the investigation
  - Identifying any corrective actions necessary to prevent recurrence of similar incidents

### ENSURING PARTICIPATION

Employers are expected to ensure the participation of worker representatives in incident investigations - OHS Guideline G-D10-174-1.

## IMPROVING COMMITTEE EFFECTIVENESS

We've heard from many Joint OH&S Committee members about their successes and challenges. Participants will learn to evaluate their performance, as well as develop the tools, resources and strategies to build on their successes and tackle the tough OH&S issues at their workplaces.

Effective April 2017 provincial OH&S regulations require an annual evaluation to measure the effectiveness of your committee. Participants will use the new WCB Evaluation Tool to identify opportunities to improve the effectiveness of their committees. If you completed an evaluation in the past year, please bring it to class.

### In this course participants will:

- Indicate key elements of an effective OH&S Committee.
- Identify barriers facing an OH&S Committee and develop practical strategies and solutions to deal with them.
- Understand group dynamics and stages of group development.
- Practice how to solve issues and understand the dispute resolution process.
- Learn how to assess OH&S Committee activities and create a written evaluation using an evaluation tool.
- Learn how to develop short and long-term goals for the OH&S Committee and implement changes to improve health and safety.

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.

**Prerequisite:** Completion of the OH&S Committee Part 1 course is required before taking this course.

### OHSR 3.26 Evaluation Of Joint Committees

- (2) An employer must ensure that, with respect to each of the employer's joint committees, a written evaluation is conducted annually by (a) the co-chairs of the joint committee or, with respect to each co-chair, the member or members of the joint committee designated by the co-chair, or (b) the employer or a person retained by the employer.

## SUPERVISOR OH&S RESPONSIBILITIES PART 1

Supervisors play a critical role in the workplace because they have the authority to oversee the work of others. As such, supervisors have considerable responsibilities under occupational health and safety legislation. A supervisor is required to be qualified by knowledge, training and experience in the work they oversee, be familiar with the legislation that applies to their workplace and knowledgeable about actual or potential workplace hazards so they can, in turn, advise workers about those hazards.

### In this course participants will:

- Discuss legal requirements and responsibilities (provincial and federal).
- State the supervisor's role in addressing work refusals and conducting incident investigations.
- Identify the supervisor's role in conducting workplace inspections.
- Learn the principles of demonstration of "due diligence."

This program also reviews relevant case law and provisions of the *Criminal Code of Canada* (Bill C-45) to help participants better understand types of work that are supervisory in nature, their related legal duties and the consequences of non-compliance.

**Audience:** Supervisors, Managers and Worker Representatives.

\*Courses specific to federal OH&S legislation are available on request.

### Section 117

Workers Compensation Act -  
General Duties Of Supervisors



- (1) Every supervisor must:
  - (a) ensure the health and safety of all workers under the direct supervision of the supervisor,
  - (b) be knowledgeable about this Part and those regulations applicable to the work being supervised, and
  - (c) comply with this Part, the regulations and any applicable orders.
- (2) Without limiting subsection (1), a supervisor must
  - (a) ensure that the workers under his or her direct supervision
    - (i) are made aware of all known or reasonably foreseeable health or safety hazards in the area where they work, and;
    - (ii) comply with this Part, the regulations and any applicable orders,
  - (b) consult and cooperate with the joint committee or worker health and safety representative for the workplace, and
  - (c) co-operate with the Board, officers of the Board and any other person carrying out a duty under this Part or the regulations.

*"supervisor" means a person who instructs, directs and controls workers in the performance of their duties*

## SUPERVISOR OH&S RESPONSIBILITIES PART 2

The Supervisor OH&S Responsibilities Part 2 course has been designed to pick up where our Supervisor OH&S Responsibilities Part 1 leaves off. It assists participants to further develop the concepts, tools and resources needed to properly comply with supervisor OH&S roles and responsibilities at their workplaces. Completion of this course will further enhance skills obtained from workplace experience and the completion of Supervisor OH&S Responsibilities Part 1.

### In this course participants will:

- Understand the supervisor's role in interpreting OH&S legislation, specific to regulation, policy and guidelines.
- Learn how to develop and implement safe work procedures (SWP) specific to OH&S programs.
- Understand the supervisor's role in demonstrating leadership.
- Practice effective communication by developing and conducting a three minute crew safety talk in class.
- Understand the role of the inspection authority in your workplace.

**Audience:** Supervisors, Managers and Worker Representatives.

**Prerequisite:** Completion of the Supervisor OH&S Responsibilities Part 1 course is required before taking this course.

\*Courses specific to federal OH&S legislation are available on request.

## UNDERSTANDING & CONDUCTING RISK ASSESSMENTS

Assessing risk is an approach to OH&S. Both federal and provincial OH&S legislation requires all employers to assess a variety of situations pertaining to risk in their workplaces. This course will cover when a risk assessment must be completed and will give participants hands-on experience in a variety of methods to conduct risk assessments.

### In this course participants will:

- Learn about the risk assessment process specific to hazard identification.
- Analyze and evaluate the risk associated with specific hazards and determine appropriate ways to eliminate or control those hazards.
- Learn in practical terms that a risk assessment is a thorough look at your workplace specific to things that may cause harm to workers.
- Summarize hazard prioritization and precautionary principles.
- Learn how to increase awareness of hazards and risks.
- Learn how to implement controlled measures, by conducting a risk assessment.
- Discuss the requirements, who is responsible and the consequences of non-compliance.

**Audience:** OH&S Committee Members, Managers, Worker Representatives, and Supervisors

**Prerequisite:** Completion of the OH&S Committee Part 1 or Supervisor OH&S Responsibilities Part 1 course is required before taking this course.

\*Courses specific to federal OH&S legislation are available on request.

## STRAINS, ACHES AND PAINS:

WHAT JOINT OH&S COMMITTEES NEED TO KNOW ABOUT ERGONOMICS

This course is designed to provide OH&S Committee members with the knowledge and skills to identify and find effective solutions to ergonomic problems at the workplace.

### In this course participants will:

- Learn about common health effects from musculoskeletal injuries (MSI).
- Learn how to comply with existing ergonomics legislation.
- Learn how to identify ergonomic hazards, learn risk assessment techniques and generate solutions to deal with hazards.
- Learn strategies to assist in implementing an effective prevention program.
- Have an opportunity to put theory into practice using the "Fix That Job" exercise.

\* Office, healthcare and hospitality sector specific versions available on request

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors

## PREVENTION OF VIOLENCE IN THE WORKPLACE

Workplace violence can take the form of physical aggression such as hitting, biting or kicking. It also includes verbal threats, swearing, name calling and bullying.

Violence is not part of anyone's job and the repercussions of workers being exposed to violence can be devastating, affecting their physical and mental health as well as their job satisfaction. For employers, it can result in reduced productivity and financial losses.

This course is intended to assist Joint OH&S Committees to identify potential hazards in the workplace, conduct a risk assessment and recommend corrective actions as they pertain to workplace violence. Participants will have the opportunity to develop a plan for violence prevention.

### In this course participants will:

- Learn the requirements of health and safety legislation pertaining to implementing a violence prevention program.
- Learn how to identify and assess violent incidents and make recommendations for corrective solutions.
- Develop an outline for a workplace violence prevention program.

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.

\*Courses specific to federal OH&S legislation and healthcare are available on request.

## INTRODUCTION TO OCCUPATIONAL HEALTH (on request only)

Health hazards are not as apparent as safety hazards in the workplace and often don't receive as much attention or resources, yet their effects can be devastating.

Empowering workers, supervisors and managers to interpret reports and Safety Data Sheets (SDS) as well as research potential health hazards is a vital function of any proactive health and safety program.

### In this course participants will:

- Learn about new legislative changes to Workplace Hazardous Materials Information System (WHMIS) through the introduction of the Globally Harmonized System (GHS) for chemicals and controlled products. These new requirements change the way that chemicals are labelled, stored and inventoried.
- Learn about the best practices and industry standards concerning occupational hygiene monitoring. Who, what, where, when and how to sample exposures to workplace toxins is imperative knowledge for any workplace wanting to be in compliance with both provincial and federal legislation.
- Learn about how our bodies are affected by workplace toxins and exposures, e.g., asbestos, moulds, biological hazards, noise and combustible dust.
- Learn about changes relating to WHMIS and the new Globally Harmonized System (GHS).
- Gain an understanding of the theory and practice of occupational hygiene monitoring and interpreting occupational hygiene reports, including threshold limit values (TLV) and time-weighted average (TWA) along with other important terms and references.
- Read, review and interpret exposure control plans and keep informed with the latest changes and requirements.

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.

Violence is **NOT**  
part of your job

verbal threats  
cyber-stalking  
stalking  
swearing  
sabotage  
physical threats  
insulting  
domestic violence  
exclusion  
rude gestures  
vandalism  
cyber-bullying  
sexual harassment  
rumours  
ostracism  
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sexual harassment  
rumours  
ostracism  
hazing  
kicking  
bullying

endworkplaceviolence.ca

# WOMEN'S HEALTH & SAFETY IN THE WORKPLACE

(on request only)

All workers face health and safety issues at work - injuries, workplace hazards, diseases, and stress. Many of these issues have a gender dimension - they affect women in particular ways.

This course provides participants with the opportunity to develop their ability to identify, assess and control workplace hazards from a woman's perspective.

## In this course participants will:

- Discuss how women's health (including reproductive health) is affected by toxic workplace substances, work design and work organization.
- Learn about workplace stresses such as violence (including domestic violence), bullying and harassment.

**Audience:** Health and safety committee members and all women who want to know more about how to make our workplaces and lives safer and healthier.

**Prerequisite:** Completion of the OH&S Committee Part 1 course is required before taking this course.

# EMERGENCY PREPAREDNESS

(on request only)

No workplace is immune from potential emergencies or disasters. This course provides participants with a fundamental understanding of the planning and preparations needed to assist workplaces to respond before, during and after an emergency/disaster in order to reduce the impacts.

## In this course participants will:

- Learn the many components of emergency preparedness plans and identify legal obligations concerning their development and implementation.
- Discuss how Joint Health and Safety Committees should be involved in the process.

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.

Upon completion of a course, you'll receive a 'Certificate of Achievement'



OH&S HAZARD SPECIFIC

# OH&S LEGISLATION UPDATE

(on request only)

This course offers a unique opportunity for participants to update their occupational health and safety knowledge on existing and new OH&S legislation (both provincial and federal). Let us facilitate a discussion to help your leadership improve their knowledge and skills and discover the tools available to effectively tackle OH&S issues in their workplaces.

## In this course participants will:

- Review recent changes to OH&S committee legal duties and functions.
- Review accident investigation procedure changes resulting from Bill 9.
- Review bullying and harassment and ergonomics regulation requirements.
- Understand the risk assessment process and legal requirements.
- Review the new globally harmonized system (GHS) requirements.
- Discuss how duty to accommodate relates to OH&S.

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.

# MENTAL HEALTH & THE CSA STANDARD

Each year in Canada one in five people will experience a mental health problem or illness. Over a lifetime that number increases to one in three. The impact to our economy is a cost of more than 51 billion dollars.

The objective of this workshop is to provide participants with the tools to create strategies that will support workers with mental health issues, individually and collectively.

A psychological health and safety management system can help an organization identify hazards that can contribute to psychological harm to the worker. It is a preventive approach that assesses your workplace practices and identifies areas for improvement. A voluntary CSA standard (Psychological Health and Safety in the Workplace) has been developed to help organizations work towards this vision as part of a process of continual improvement.

### In this course participants will:

- Learn about the myths and facts of mental illness.
- Identify the stigma associated with mental health illness.
- Identify organizational factors that contribute to mental illness.
- Learn how to apply the CSA standard for Psychological Health and Safety in the workplace as an effective strategy to create a workplace environment supportive of mental health.
- Learn about other resources available to workplaces.

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.

**Prerequisite:** Completion of OHS Committee Part 1 or Supervisor Responsibilities Part 1 is recommended.



# STRESS IN THE WORKPLACE

(on request only)

This course is designed to identify work-related stressors and to develop effective corrective actions to eliminate or minimize exposure to toxic stressors. Participants will discuss the role of the Joint Occupational Health & Safety Committee, managers and supervisors in developing and implementing proactive prevention strategies. (This is not a time management or coping strategies course.)

### In this course participants will:

- Discuss what toxic stress is and how it affects our health.
- Learn about organizational and personal safety stressors in the workplace.
- Develop prevention strategies to eliminate or minimize toxic workplace stress.
- Review effective tools including the CSA National Standard “Psychological Health and Safety in the Workplace” Standard, “Mental Injury Toolbox” (OHCOW) and “Guarding Minds at Work” (CMHA).

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.





## BULLYING & HARASSMENT

Workplace bullying and harassment can take many forms, including verbal aggression, spreading malicious rumours, personal attacks, hazing, cyber bullying and other intimidating or humiliating behaviours. If workplace bullying and harassment is not addressed, it can lead to lost productivity, anxiety, and sometimes even suicidal or homicidal thoughts or actions.

It is important that all workers understand what workplace bullying and harassment is and what it is not. It is also equally important for workers to know what steps they need to take when witnessing or experiencing bullying and harassment.

Workplace bullying and harassment is an occupational hazard and therefore all sections of the *Workers Compensation Act* that protect workers from exposure to hazards are applicable. Joint Occupational Health & Safety Committees need to understand their role in taking reasonable steps to eliminate or minimize workplace bullying and harassment.

### In this course participants will:

- Define workplace bullying and harassment under both human rights law and health and safety law.
- Recognize the significant negative impact on individuals and organizations.
- Determine sources and root causes of workplace bullying and harassment and create effective proactive strategies to address it.
- Identify the requirements of WCB workplace bullying and harassment policies and their application.

**Audience:** OH&S Committee Members, Managers, Worker Representatives and Supervisors.

\*A half-day version of this eight-hour course for workers and management general awareness is available on request. Request "B&H Short."

## MENTAL HEALTH FIRST AID

The Mental Health First Aid (MHFA) training course was developed by the Mental Health Commission of Canada to help people provide initial support to someone who may be developing a mental health problem or experiencing a mental health crisis. MHFA teaches mental health first aid skills. The course does not train people to be therapists, counselors, or mental health professionals. The philosophy behind MHFA is that a mental health crisis, such as suicidal and self-harming actions, may be avoided through early intervention. If a crisis does arise, an MHFA trained person in the workplace can take action that may reduce the harm that could result. Just as physical first aid is administered to an injured person before medical treatment can be obtained, MHFA is given until appropriate treatment is found or until the crisis is resolved.

This 12-hour evidence-based MHFA basic course will cover substance-related disorders, mood-related disorders, anxiety and trauma-related disorders and psychotic disorders.

### In this course participants will:

- Increase awareness of signs and symptoms of the most common mental health problems.
- Decrease stigma related to mental health.
- Gain confidence interacting with individuals experiencing a mental health problem or crisis.
- Increase knowledge to help individuals in crisis or experiencing a mental health problem.

**Audience:** OH&S Committee Members, Supervisors, Managers, First Aid Attendants, or anyone that wishes to increase their skills to support their fellow workers.  
Note: This is a two-day (12 hour) course.



## IMPROVING RETURN TO WORK OUTCOMES

As disability-related costs increase, workplaces struggle with re-integrating workers with disabilities. Return to Work (RTW) education simplifies this process by focusing on RTW as a health and safety issue that must respect the fundamental principles of human rights. This workshop utilizes research-based RTW practices to equip participants with effective tools and strategies to facilitate successful work reintegration outcomes.

### In this course participants will:

- Identify how the duty to accommodate does not guarantee an outcome but requires a process.
- Develop a process that performs an individual investigation of a worker with disabilities' needs and characteristics.
- Practice the development of creative solutions that lead to reasonable accommodation.
- Learn the legal responsibilities of the employer, unions and workers in the accommodation process so that a collaborative approach can be adopted.
- Explore the paradigm shift from managing disability to preventing work disability that integrates health and safety practices with return to work solutions to produce a new proactive approach to RTW that will result in lower human and financial costs.

**Audience:** OH&S Committee Members, Managers, Worker Representatives, Supervisors, anyone with RTW responsibilities.



## SECTOR SPECIFIC

### MINING SECTOR HEALTH & SAFETY COMMITTEE & SUPERVISOR EDUCATION

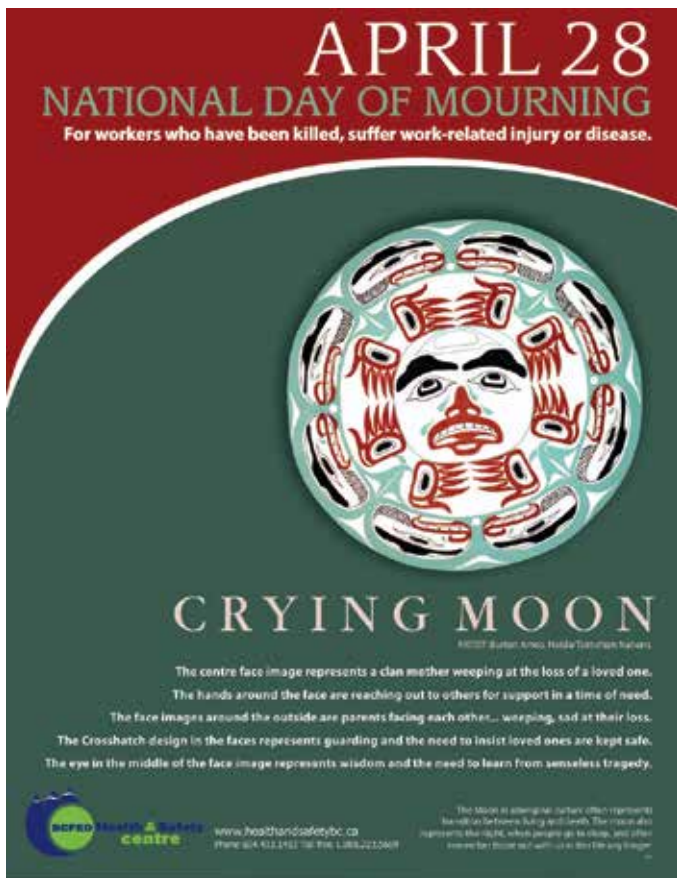
In British Columbia, mining operations and exploration activities fall under the *Health, Safety and Reclamation Code for Mines* in British Columbia. Our courses are tailored to reference this specific legislation.

**Contact the Centre for a current list of mining-sector specific OH&S courses.**

### FEDERAL HEALTH & SAFETY COMMITTEE & SUPERVISOR EDUCATION

Certain workplaces such as railways, airports, inter-provincial transport, pipelines, broadcasting systems, marine shipping, telephone systems and federal government employees fall under federal health and safety legislation (*Canada Labour Code Part II*). This legislation specific program aims to prepare OH&S committee members in the federal jurisdiction to play an active and confident role on joint committees. The majority of our courses are available in a "federal legislation" format.

**Contact the Centre for a current list of federal-sector specific OH&S courses.**



Day of Mourning Poster



**BCFED Health & Safety  
centre**

## 2019 Advanced OH&S *Skills Development Summer School*

The **BCFED Health & Safety Centre** is offering certificate programs combining several of our most popular courses at our OH&S Summer School in Whistler, BC. Participants completing the program will receive a *Certificate in OH&S Fundamentals*.

OH&S Committee Members, Co-Chairs, Safety Coordinators, Supervisors and Managers are all encouraged to attend. This is a great opportunity to take many of our eight-hour courses in a compressed time frame and get your skills up to speed quickly.

### *Courses held in Whistler, BC*

**JUNE  
3-7**      **OCCUPATIONAL HEALTH AND SAFETY  
FUNDAMENTALS**

**JUNE  
3-7**      **BUILDING PSYCHOLOGICALLY  
HEALTHY WORKPLACES**

**JUNE  
10-14**    **RETURN TO WORK:  
GETTING BEYOND LIGHT DUTIES**

**JUNE  
10-14**    **INVESTIGATING BULLYING  
& HARASSMENT (NEW)**



**Course Cost: \$850 per person  
(all five days, Monday to Friday)**

Accommodation costs separate.

Guaranteed rate of \$125 per night if you book 30 days in advance (note: two-day cancellation policy). Quote "BCFED Health & Safety Centre" when booking to receive this rate.

**REGISTER AT  
[healthandsafetybc.ca](http://healthandsafetybc.ca)**

For more information about content,  
contact the Centre at 1.888.223.5669

2019 Public Course Schedule	OHS Committee Part 1 Satisfies (OHSR 3.27) mandatory training	OHS Committee Part 2	Incident Investigations Assists with (OHSR 3.28) Participation in investigations	Committee Effectiveness Assists with (OHSR 3.26) Annual committee evaluation	Supervisor OHS Part 1	Supervisor OHS Part 2	Risk Assessments	Ergonomics	Prevention of Violence	Improving Return to Work Outcomes	Bullying & Harassment	Mental Health and the CSA Standard (Updated)	Mental Health First Aid (2 day course) <b>NEW!</b>
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Lower Mainland & Fraser Valley																
New Westminster	7-May	3-Dec	8-May	9-May	10-Sep	22-May	23-May	24-May	3-May			23-May	22-May	Sep 17-18		
			4-Dec	5-Dec		17-Dec	18-Dec	19-Dec				11-Dec	10-Dec	May 14-15		
Vancouver	Scheduled monthly Check online schedule		3-Apr	19-Mar	14-Mar				1-May	6-Dec	13-Dec			Mar 20-21		
			26-Jun	27-Jun	24-Oct	<b>Register online at <a href="http://healthandsafetybc.ca">healthandsafetybc.ca</a></b>										Oct 22-23
			6-Nov	8-Nov	14-Nov											
Chilliwack	22-May	22-Oct														
Surrey / Langley	5-Jun	1-Oct	2-Oct	3-Oct	4-Oct	8-Oct	9-Oct	10-Oct	2-May	4-Oct				Apr 16-17		
Abbotsford	16-Apr	24-Apr	17-Apr	25-Apr	26-Apr	30-Apr	1-May	2-May	15-Nov		13-Sep	29-May	28-May	Jun 11-12		
	13-Nov		14-Nov		12-Sep											

Vancouver Island																						
Nanaimo	14-May	29-Oct	15-May	16-May	14-Nov	30-Oct	31-Oct	5-Nov	14-Nov	19-Nov	4-Sep	14-Nov	13-Nov	May 22-23								
	6-Nov		30-Oct	31-Oct	Interested in in-house training options? With a minimum of 10 people we may be able to respond to requests. Go to <a href="http://healthandsafetybc.ca">healthandsafetybc.ca</a> and subheading <b>Request an in-house session</b> for more information.										Nov 5-6							
Campbell River	23-May	22-Oct	23-Oct	24-Oct																		
Port Hardy	22-May																					
Port Alberni	25-Apr																					
Courtenay	12-Sep																					
Ucluelet	24-Apr																					
Victoria / Colwood	27-Feb	4-Apr																				
	30-Apr	27-Jun	1-May	2-May		7-May	8-May	9-May	20-Nov					May 7-8								
	10-Sep	5-Nov	6-Nov	7-Nov	22-Nov	17-Sep	18-Sep	19-Sep		21-Nov	11-Dec	20-Nov	19-Nov	Nov 13-14								

North & Northwest														
Fort St. John	6-Mar	24-Sep	25-Sep	26-Sep	26-Sep							24-Sep		Sep 25-26
Mackenzie	14-May		15-May	16-May										
Terrace	18-Jun	10-Oct	19-Jun	20-Jun										Oct 8-9
Prince Rupert	2-Apr	3-Oct	3-Apr	4-Apr		3-Apr		4-Apr						
Kitimat	16-Apr	17-Sep	17-Apr	18-Sep	17-Sep	18-Jun	19-Jun	20-Jun	18-Sep			11-Oct	10-Oct	Apr 30-May 1
Prince George	24-Apr	28-May	29-May	30-May	26-Apr	29-May		30-May	25-Apr	10-Oct	28-May	19-Jun	18-Jun	Jun 18-19
	8-Oct		9-Oct	10-Oct										
Skidegate	12-Mar	1-Oct		13-Mar		12-Mar		13-Mar				14-Mar		
Stewart	9-Apr											10-Apr		
Smithers	17-Sep		18-Sep	19-Sep										
Burns Lake	24-Sep													
Houston	26-Sep													
Fort Nelson	16-Apr													
Dawson Creek	10-Sep													

Sunshine Coast														
Gibsons	10-Oct													
Powell River	7-May		8-May	9-May										
Interior														
100 Mile House	7-May		8-May	9-May										
Williams Lake	2-Apr		3-Apr	4-Apr										
Quesnel	30-Apr		1-May	2-May										
Kamloops	9-Apr	14-May	15-May	16-May	15-May									
	13-Sep	29-Oct	30-Oct	31-Oct	4-Dec	22-Oct	23-Oct	24-Oct	3-Dec	6-Dec	31-Oct	4-Dec	3-Dec	May 28-29
Kootenays														
Castlegar	4-Jun	24-Sep	5-Jun	6-Jun	27-Sep	1-Oct	2-Oct	3-Oct	13-Jun	2-Oct		11-Jun	12-Jun	Apr 9-10
			25-Sep	26-Sep										
Cranbrook	22-May	13-Nov	23-May	24-May	26-Nov				27-Nov	15-Nov		19-Jun	18-Jun	Apr 24-25
			14-Nov	28-Nov										
Fernie	10-Apr			11-Apr										
Sparwood	9-Apr													
Okanagan														
Penticton	24-Apr	11-Jun	25-Apr	26-Apr										
	17-Sep	19-Nov	18-Sep	19-Sep										
Princeton	19-Mar			20-Mar										
Salmon Arm	5-Sep													
Vernon	30-Apr	13-Jun	1-May	2-May										
	24-Sep	21-Nov	25-Sep	26-Sep										
Kelowna	18-Jun	25-Jun	19-Jun	20-Jun	26-Jun							26-Jun	25-Jun	Jun 25-26
	26-Nov	3-Dec	27-Nov	28-Nov	20-Nov	10-Dec	11-Dec	12-Dec	19-Nov	21-Nov	28-Nov	11-Dec	10-Dec	Dec 3-4

**Participant cost: \$135\***  
 \* When registering 14 days in advance.

All courses are eight hours in length from 8:30 am to 4:30 pm.  
**Course dates and offerings subject to change.**  
**Please check online for updates and additions.**



**Health & Safety Centre**

Toll-free: 1.888.223.5669  
 ohsadmin@bcfed.ca



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