



HOSPITAL EMPLOYEES' UNION

PROVINCIAL OFFICE:

5000 North Fraser Way, Burnaby, BC V5J 5M3 • TEL: 604-438-5000 • FAX: 604-739-1510 • WEB: www.heu.org

December 22, 2020

Secretary-Treasurers

Dear Sisters, Brothers, and Friends:

Re: Transforming Workplace Conflict Workshop Series 2021

Dealing with conflict at your workplace or within your local union team can be challenging but if addressed effectively, it can lead to greater solidarity. This workshop is for local leaders who are currently dealing with conflict and want to gain skills and practice techniques to be more effective at transforming conflict.

This online workshop is a combination of *HEU's "Essential Skills for Transforming Workplace Conflict into Union Activism"*, paired with *Anima Leadership's "Brave Conversations- Transforming Workplace Conflict"*.

During four days of online sessions, through a variety of interactive activities and information sharing, participants will:

- Reflect on ideas and feelings around conflict and how they respond
- Gain a better understanding of different styles for dealing with conflict, and identify their go-to style
- Practice skills for deep listening and communicating in conflict
- Explore techniques to respond more effectively in conflict
- Consider the nature and cultural dynamics of conflict
- Explore the role that power and our social identity plays in conflict situations
- Learn about conflict models and use these models to practice moving from positions of interests to generating options for solutions.
- Explore ways of transforming conflicts into union activism
- Play with images, stories and metaphors to navigate conflict
- Have time and space to restore and re-energize

.../more

This workshop is made up of four full-day sessions spread out over a two-week period. Participants must be available to attend all four days 9 a.m. – 3:30 p.m.

<u>Session</u>	<u>Location</u>	<u>DATES</u>	<u>Time</u>
Session 1/4	Online	March 9, 2021	9 a.m. – 3:30 p.m.
Session 2/4	Online	March 11, 2021	9 a.m. – 3:30 p.m.
Session 3/4	Online	March 16, 2021	9 a.m. – 3:30 p.m.
Session 4/4	Online	March 18, 2021	9 a.m. – 3:30 p.m.

Completed applications should be addressed to the attention of **Lindsay Vanstone** and submitted by **email to: lvanstone@heu.org** or **fax: 604-739-1510 no later than February 15, 2021**. Alternatively, an online fillable form is available on our website at www.heu.org.

We will contact successful applicants by email to confirm further details. Please ensure the email address on your application is current and is your primary email contact where we will send information regarding the workshop. Once applicants have been notified, they will need to apply for Union Leave, where applicable.

If you should have any questions regarding this workshop please contact **Lindsay Vanstone** by **phone: 604-456-7076**, Toll Free **1-800- 663-5813 local 7076** or email lvanstone@heu.org.

In solidarity,



Mike Old
Secretary-Business Manager (Interim)

Attachments

cc: Chairpersons
Provincial Executive
Reps and Directors