FACILITIES SUBSECTOR COLLECTIVE AGREEMENT BENCHMARK

Job Family: Patient Care

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Class Series: Class Title: Nursing Assistants Rehabilitation Assistant

I. <u>Level Definition</u>

Grid:

Under the direction of a therapist such as a Physiotherapist, Occupational Therapist, and/or Speech Language Pathologist, the Rehabilitation Assistant implements rehabilitative treatment plans and programs, and assists the therapist in monitoring and evaluating patients'/residents' progression.

II. Typical Duties

- 1. Carries out designated components of a rehabilitative treatment plan and/or program, such as activities of daily living, mobility, strengthening and balance exercises, recreation, and/or communication therapy.
- 2. Observes and reports cognitive and functional changes in patient ability or behaviour that may warrant a progression or regression of the treatment; progresses treatment plan within the parameters established by the therapist; documents for the health record.
- 3. As part of a multidisciplinary team and in consultation with the therapist, provides input into the planning, implementation, modification, and evaluation of the rehabilitative treatment plan/program.
- 4. Performs various tests as assigned such as Berg Balance, Timed Up and Go (TUG), six-minute walk test and speech language screening. Records and reports relevant data for interpretation by the therapist.
- 5. Prepares and applies therapeutic treatment modalities as assigned such as transcutaneous electrical stimulation (TENS), neuromuscular electrical stimulation (NMES), hot packs, ice, and wax treatments.
- 6. Provides functional skills training to patients/residents and families in activities of daily living, mobility, and communication; demonstrates the use of assistive devices. Assists with power and manual wheelchair mobility training.
- 7. Assists in the fabrication and modifications of splints, seating and exercise devices, mobility and assistive devices. Sets up and adapts equipment such as changing wheelchair backs and adjusting wheelchair height.
- 8. Maintains therapy equipment and supplies by methods such as cleaning equipment and maintaining inventories; provides input regarding purchase of new equipment and supplies, general maintenance and repair of equipment.
- 9. Performs other related duties as assigned.

III. Qualifications

(1) Education, Training and Experience

Completion of a Rehabilitation Assistant Program or an equivalent combination of education, training and experience.

- (2) Skills and Abilities
- (i) Ability to communicate effectively both verbally and in writing.
- (ii) Ability to deal with others effectively.
- (iii) Physical ability to carry out the duties of the position.
- (iv) Ability to organize work.
- (v) Ability to operate related equipment.